

# MEET AND BEFRIEND YOUR INNER COMMITTEE

SELF DISCOVERY AND EMPOWERMENT THROUGH THE LENS OF ASTROLOGY  
WITH LINDA BYRD

Suitable for non-astrologers, beginners, intermediates and above  
*An ideal opportunity to learn about yourselves, spouses, partners,  
friends, co-workers, etc. by doing this together.*



## Through this experiential process you will discover and integrate the unconscious, yet key, parts of yourself.

We are in a time of unparalleled change. Old ways aren't working, and feeling afraid and "out-of-control" is the new norm. Relationships are up for evaluation, but if we don't know and accept ourselves, how can we fully accept another? Astrology provides a key to your unconscious and gives you a tool to proactively use the energies of change for your highest good. This workshop is an easy introduction to astrology and a golden opportunity for profound personal growth. What we will cover:

- 1) Astrology Basics: Where your inner committee is sitting at your conference table - Elements and Qualities
- 2) Moon and Ascendant: Your emotional security needs and your public persona - conditioned patterns
- 3) Sun and Mercury: Your essence and how you think and communicate
- 4) Venus and Mars: Your Feminine and Masculine - how you love and unconsciously go about getting what you want



**FACILITATOR:** *Linda Kubota Byrd is a certified DREAM COACH and has used Astrology as a personal growth consultant for 20 years. She was on the volunteer team of the Aspire Foundation using Transformational Astrology for 10 years and has earned a Level Two Certificate from Steven Forrest's Evolutionary Astrology Apprenticeship Program. She has studied with John Ruskell, Gavin Carruthers, Tom Lescher, Maurice Fernandez, and many others. Facilitating workshops for 16 years she incorporates Astrology, Energy Psychology, Grapho-Therapy, Conscious Creating, NLP, etc. to help people manifest authentic, rich, fulfilling lives.*

### TESTIMONIALS

"I have to share because I am so joyful and excited! Last night was very transformational for me...You are truly a gift in my life." *Kathy Grimes*

"Thank you for hosting such a wonderful evening. It was profound for me in some ways, especially the introspection around mother...I like your style a lot. Minimalist and yet profound." *Kate Sholly*

"I would strongly recommend Linda's class/workshop. Her approach is an individual as well as a group effort to better understand each Natal planet on a personal level. As we went around the circle of Virgo Moons, it was as if a mirror was reflecting back to me my own experience." *Shirley Nakano*

"Your class brings me joy and happiness. It helps me to feel connected to others, which is such a blessing for me." *Elizabeth Yeatts*

"You skillfully did the entire evening with grace and ease and made everyone feel comfortable while they were being vulnerable. You were a gift to all." *Cathrine Glashan*

## Sunday, September 28, 2014

9 am - 6 pm (1 hr. yoga & lunch included)

HAPPY LIFE YOGA

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**\$79.00** if registered by September 21  
**\$89 thereafter** (pre-registration required)

Register on PayPal - email: [FullofGratitude@comcast.net](mailto:FullofGratitude@comcast.net),  
or mail a check to:

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Feel free to call (916) 721-4838 with any questions